



Every day inspired

Sheffield Wednesday Community Programme

**Mental Workout
July 2020**



Every day inspired

		9				1		
5			9		3			6
	4		2		1		7	
	3	6	8		7	5	2	
	1	5	3		4	8	9	
	5		1		8		6	
3			7		9			4
		2				7		



Sudoku is played on a grid of 9 x 9 spaces. Within the rows and columns are 9 "squares" (made up of 3 x 3 spaces). Each row, column and square (9 spaces each) needs to be filled out with the numbers 1-9, without repeating any numbers within the row, column or square.

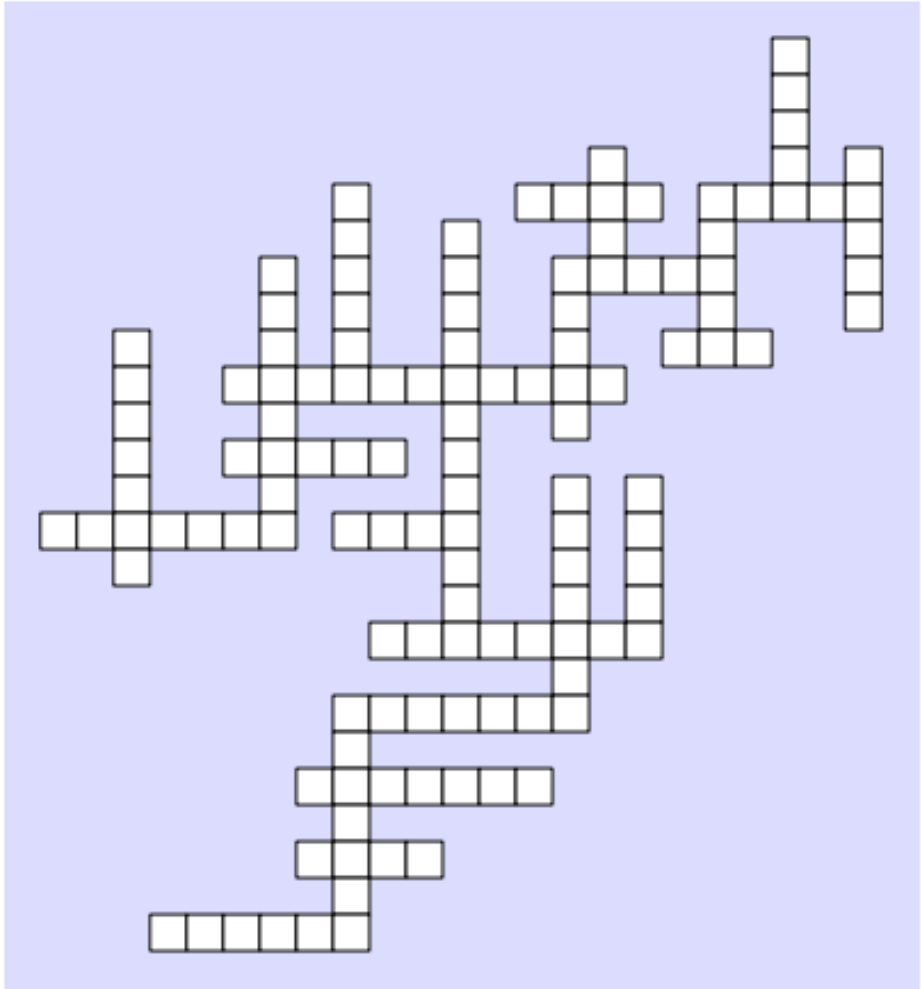
		1		9		6	7	3
		5	3					
		8		4	7			
	7							9
	6	3				2	4	
5							1	
			7	2		8		
					1	9		
2	1	6		5		7		





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Word Fit



3 Letters

Use

4 Letters

Area

Nerd

Obit

Upon

5 Letters

Bleat

Crowd

Later

Leers

Llama

Radio

Raise

Tenet

6 Letters

Ravage

Toggle

7 Letters

Algebra

Awkward

Circles

Eclipse

Episode

Lettuce

8 Letters

Bankrupt

Troubles

11 Letters

Bureacratic

12 Letters

Intervention





Brain Chains

Can you solve each of the 3 brain chains completely in your head, without making any notes?

Start with the bold number at the top and then apply each maths operation in turn.

9	19	33
X7	+34	+38
÷9	-10	-20
+44	+19	+16
-1	-50%	-32
+50%	-20	÷7
÷3	X2	+80%
√	÷11	÷3
Result	Result	Result





Can you find all the listed words in the grid? Words are written forwards or backwards in any direction, including diagonally.

L L G I A N L U I G I B U F F O N L F X J M T H
 K Z Q Z K L E V Y A S H I N T G U T A V T T S R
 E V U V F D I S I D L I D N X K O N B G G Z F F
 P R M V E I U O N I C B D A A O D Z K J L I J O
 K C D V R D Z W N P K X M M V R M P Q A D E D D
 S W I K N I H S N E M E O E E I G Q T E I N K A
 D E D W A E E C I W L D R S T O D A Z S D Z W N
 A S I A N R H Q L Q R M I C N K N V R G E A C D
 V L E Y D D I V E I H N E Z A I B E I D K A D R
 I E R N O R Q M C O I T A S B S P Y N L R F I E
 D Y D E T O J U B E W L V R S N I A B L L P E S
 B S R R O G B P S E O V A E A I N L O Y M A G I
 E N O O R B T T Y H N H L V S R X S L B N Q O N
 C E G O R A A C I U I Z N P E V T M F A T I F I
 K I B N E Q H G N M I I E H S E V P A A S E O E
 H J A E S G U H O M B J I M V Z K K H P Q O R S
 A D U Y L A C V I O F V F E A A A C N S N V L T
 M E W H I D I G R E A C Z A F K W N I J B E A A
 D R C N U C P D M X S U M E S U T O Z I L Z N Y
 C R I S T I A N O R O N A L D O U P R Q L N K N

LIONEL MESSI
 FERNANDO TORRES
 IKER CASILLAS
 ANDRES INIESTA
 GIANLUIGI BUFFON
 DIDIER DROGBA

XAVI HERNANDEZ
 CARLOS TEVEZ
 WAYNE ROONEY
 WESLEY SNEIJDER
 KARIM BENZEMA
 DAVID BECKHAM

ANDRES INIESTA
 DIEGO FORLAN
 DAVID VILLA
 CRISTIANO RONALDO
 ZLATAN IBRAHIMOVIC
 LUKA MODRIC

GONZALO HIGUAIN
 ROBIN VAN PERSIE
 DIDIER DROGBA
 MESUT OZIL
 LEV YASHIN
 KAKA



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